

Bike Across Wisconsin Challenge Tracking

Participant Name:

Distance		225 Miles	
Number of Miles:	Date:	Number of Miles:	Date:

Bike Across Wisconsin Challenge Requirements:

Bike Across Wisconsin - 225 miles from LaCrosse to Green Bay, some folks aim to do this ride in one or two days! We're giving you 30 days! (You're welcome). If your thing is cycling, get those padded bike shorts on and ride at least 7.5 miles per day! This hefty challenge can be done on your own bike at home, or at HFM Wellness Center, the YMCA, or Planet Fitness, or even outdoors if you've got one of those 'fat tire' bikes!

Tracking sheets must be submitted to the front desk of the YMCA OR HFM Wellness Center **NO LATER THAN THE CLOSE OF BUSINESS ON WEDNESDAY, MARCH 19, 2020.**

You can purchase 1 month memberships at any or all participating facilities* (HFM Wellness Center, YMCA, Planet Fitness, Strand Adventures) for the bargain of only \$10.00 within the 30 day time period of Feb Feb 17th to March 17th. You may earn no more than 1 prize no matter how many challenges you complete, but the fitness level you achieve from completing them all is priceless, right?!

