Team of 5 to 8 participants: Bike the circumference of Lake Michigan

Participant Name: Team Name:

Distance			1,100 Miles
Number of Miles:	Date:	Number of Miles:	Date:

Team of 5 to 8 participants: Bike the circumference of Lake Michigan Challenge Requirements:

Bike the circumference of Lake Michigan 1,100 miles! Beware of saddle sores – this team event would be best done together, gather some friends – attend classes together, or get together on your own and let's see who can complete this very difficult challenge! Divide up the mileage between team members any way you like.

Tracking sheets must be submitted to the front desk of the YMCA OR HFM Wellness Center **NO LATER THAN THE CLOSE OF BUSINESS ON WEDNESDAY, MARCH 19, 2020.** 5 to 8 athletes per team should hand in their completed challenge trackers stapled together with the total completed on the top.

You can purchase 1 month memberships at any or all participating facilities* (HFM Wellness Center, YMCA, Planet Fitness, Strand Adventures) for the bargain of only $10.00 within the 30 day time period of Feb Feb 17th to March 17th. You may earn no more than 1 prize no matter how many challenges you complete, but the fitness level you achieve from completing them all is priceless, right?!