Team of 3 to 5 participants: Swim to Ludington

Participant Name: Team Name:

Distance		61.7 Miles=4,344 Lengths	
Number of Lengths:	Date:	Number of Lengths:	Date:

Team of 3 to 5 participants: Swim to Ludington Requirements:

Team of 3 to 5 participants: Swim to Ludington - 61.7 miles = 4,344 lengths! Wowsers!!! Take the ferry back, you'll be tired and chilly! As long as all of the lengths are completed, you can divide them up between team members any way you like.

Tracking sheets must be submitted to the front desk of the YMCA OR HFM Wellness Center **NO LATER THAN THE CLOSE OF BUSINESS ON WEDNESDAY, MARCH 19, 2020.** 3 to 5 athletes per team should hand in their completed challenge trackers stapled together with the total completed on the top.

You can purchase 1 month memberships at any or all participating facilities* (HFM Wellness Center, YMCA, Planet Fitness, Strand Adventures) for the bargain of only $10.00 within the 30 day time period of Feb Feb 17th to March 17th. You may earn no more than 1 prize no matter how many challenges you complete, but the fitness level you achieve from completing them all is priceless, right?!

HFM Lean on the Lakeshore